



# Breakfast After the Bell

## What is Breakfast After the Bell?

Breakfast After the Bell (BATB) makes breakfast more accessible by integrating the morning meal into the regular school day.



**Breakfast in the Classroom:** Meals are delivered and eaten in the classroom at the start of each school day.



**Grab & Go Breakfast:** Students can grab their breakfasts from carts or kiosks in the hallway to eat in their classrooms or common areas.



**Second Chance Breakfast:** Students get a "second chance" to eat breakfast after first period as an alternative to eating early in the morning before school begins.

### What is high breakfast participation?

It means schools have met or exceeded the national benchmark of 70 Free/Reduced Price (FRP) breakfasts served for every 100 FRP lunches.

## 2018-2019 FINDINGS



**61.7 FRP breakfasts** were served **for every 100 FRP lunches** served.



Schools implementing BATB were **1.9x more likely** to have **high breakfast participation**.



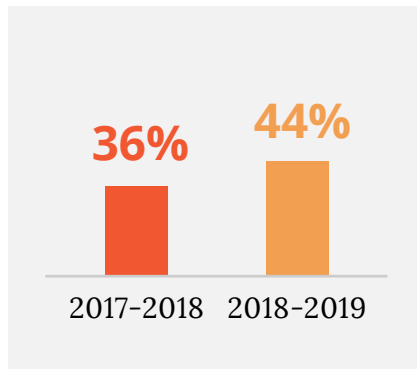
**7.2% increase** in **innovative breakfast practices** were implemented during the 2018-2019 school year.



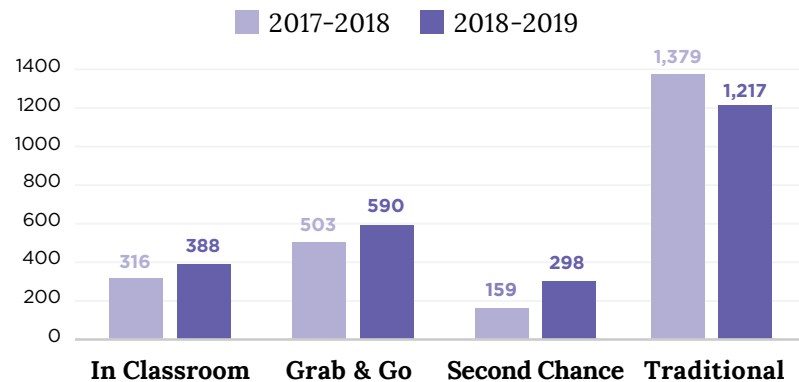
**76% of schools** in the top 10% for breakfast participation **use a BATB delivery model**.

# Year-Over-Year Trends in Missouri

## Schools Using BATB



## Delivery Models Utilized by Schools



Overall, more schools used a Breakfast After the Bell (BATB) model in the 2018-2019 school year than in the previous year. Schools that implemented BATB were more likely to have high breakfast participation compared to schools using a traditional delivery model. The most common BATB model was Grab & Go breakfast.

**In the 2018-2019 school year, 199 new schools adopted a BATB delivery model. 70% of those schools increased their breakfast ratio by an average of 13 breakfasts for every 100 lunches.**

## Safely Delivering School Breakfast

Schools across Missouri are implementing new safety measures as a result of the COVID-19 pandemic. BATB, especially the Breakfast in the Classroom model, ensures school breakfast is delivered safely to all students and supports social distancing practices.

**Schools should adopt a Breakfast After the Bell delivery model to make sure students have the nutrition they need to learn while protecting the health of both staff and students alike.**



Operation Food Search provides technical assistance to Missouri schools who wish to improve their School Breakfast Program through a BATB model.

**To request technical assistance, please visit [MOSchoolBreakfast.org](https://moschoolbreakfast.org).**



### Impacts of BATB

- ✓ Better Concentration in the Classroom
- ✓ Fewer Trips to the Nurse
- ✓ Improved Attendance

School breakfast data was obtained from the Missouri Department of Elementary and Secondary Education.

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